

As a resident of Hope Springs, you will be provided with a unique and special opportunity.

You will learn skills to aid in obtaining permanent housing and to live independently. You will have support within your program from Hope Springs staff, alumni, resources at Northern Nevada HOPES and in the community.

You will engage in groups, therapy appointments and other activities within the Hope Springs community that will encourage growth and provide support.

"Are you ready to go from where you are to where you deserve to be?" - John Fry, Peer Support Specialist

# Next Steps



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## **Northern Nevada HOPES**

Bridge Housing Program





### WHAT IS HOPE SPRINGS?

Hope Springs is a bridge housing program with behavioral health programming, which lasts 4 - 6 months in duration.

Hope Springs offers many services and resources for our clients to assist them to get back on their feet and back into permanent housing.

Hope Springs is a safe place to build a foundation for stable mental and social well-being.

#### WHO IS ELIGIBLE?

- The individual must currently be or at risk of becoming homeless (living on streets, in vehicle, at shelter, couch surfing, living at a motel or other program, etc.)
- Someone who is ready for a change.

#### WHO MIGHT NOT BE ELIGIBLE?

- Someone with violent charges (higher level assault/DV that is concerning), or with charges that would limit a person from being housed or to obtain a job (if they do not have income).
- Someone with unsealable criminal charges or evictions that would permit a person to be housed.
- Anyone with pending cases on pretrial awaiting sentencing.
- Anyone with substantial debts and/or financial obligations outstanding that would limit housing approval, such as collections or restitution or liens against them.

# REQUIREMENTS OF THE PROGRAM:

- Mandatory behavioral health groups and therapy sessions.
- Work on obtaining housing and employment.
- No violence towards anyone.
- No non-prescription drugs or alcohol on-site.
- No pornography or gambling on-site.
- No weapons on-site.
- Maintain a clean and hygienic environment.
- Be a part of the community at Hope Springs.



#### **EXPECTATIONS:**

- Work through your personalized care program.
- You will work towards permanent housing.
- Be consistent in your communication and contact with your team.
- Treat others with kindness.
- You are safe at Hope Springs.
- You can be clean and sober at Hope Springs.
- You will be treated with respect at Hope Springs.
- You will have help when you need it.

### STEPS FOR ENTRY:

- 1. Complete an interview with a Peer Support Specialist.
- 2. Complete an interview with a Therapist.
- 3. Complete a background check. If convictions or charges present, it may take a week to process.
- 4. Complete an assessment with the case manager, by appointment.

NOTE: The admission process takes an average of 2-3 weeks, pending client evaluation and medical clearance.

#### IF APPROVED THROUGH THE SCREENING PROCESS, THE FUTURE RESIDENT MUST RECEIVE THE FOLLOWING MANDATORY SERVICES BEFORE MOVING IN:

- 1. COVID-19 testing (10 days before move-in)
- 2. Quantiferon TB screening
- 3. COVID-19 vaccination (First dose of vaccination must be given 10 days prior to move in to Hope Springs).