

## TAKE HOPES HOME HIV At-Home Test Kit Program

# Let's talk about HIV testing!

Testing yourself for HIV is important for your health, your relationships, your life and your future. We encourage you to get tested for HIV, especially if you:

- have never been tested
- are sexually active
- had sex with a new partner or are thinking about having sex with a new partner
- have multiple sex partners
- have STI symptoms
- have shared needles or works.

Whether your test is negative or positive, HOPES is here for you!

Due to a generous donation, HOPES is able to provide <u>OraQuick At-Home HIV Test kits</u>, to eligible Nevada residents at no cost! HIV self-testing allows you to take an HIV test and find out your results in your own home within just 20 minutes.

Please note, this program is based on a first-come, first-serve system and as long as supplies last.

### **About the Test:**

OraQuick is the only point-of care, FDA- approved oral HIV test for home use. This test kit is fast, accurate and free. Just swab the inside of your mouth, set your timer and find out your status.

Before ordering, please read the test kit information AND watch this testing video.

### **How this Program Works:**

To order a test kit, you must be 18 years or older and reside in Northern Nevada. The rest is as easy as:

1.) Complete the Request Form 2.) Take the Test at Home 3.) Get Your Results

HOPES will follow up, to answer any questions you may have, assist with resource navigation, and to inquire about test results. However, you can (775) 997-7519 with any questions you may have at any time.

Your test kit will be shipped out in discreet packaging via United States Postal Services Priority Mail within 48 hours of request (excluding holidays and weekends).



# My Results:

What If I Test Positive?	What if I Test Negative?	Think You've Been Exposed?
What If I Test Positive?  If your at-home test kit result is positive, you will need to get connected to a health care provider to complete additional testing to confirm an HIV diagnosis.  Getting tested for HIV can be scary. But if you are living with HIV, treatment is manageable, and you can expect to live a long, healthy life. In fact, HIV treatment is so effective that if someone takes their medication as prescribed and becomes 'undetectable', they cannot pass HIV to their sexual partners.	What if I Test Negative?  If your at-home test kit result is negative, you should continue to practice safe sex. This includes using condoms and considering PrEP, which is a once a day, daily pill that can reduce your risk of becoming HIV positive. You should also get tested for HIV regularly.  For free safe sex kits, please visit WCHD website. To make an appointment for PrEP, please call (775) 997-7519.	Think You've Been Exposed?  If you think you may have been exposed to HIV, Post-Exposure Prophylaxis (PEP) is an emergency prevention option that needs to be started no later than 72 hours after an HIV exposure. Please visit your nearest Emergency Room or health department as soon as possible.  If you would like to make an appointment with HOPES for PEP, please call: 775-786-4673.
To make an appointment at HOPES for follow-up HIV testing and/or to discuss available resources, please call: (775) 997-7519.		