

# Families Talking Together

Presented by  
Northern Nevada HOPES

## WHAT IS FAMILIES TALKING TOGETHER?

**Families Talking Together (FTT)** is a FREE, evidence-based, parent-child program, presented by Northern Nevada HOPES. It supports effective parent-child communication to help delay sexual initiation among early adolescents ages 10-14. FTT is presented by a trained health educator and includes 1-2 individual or small group sessions.

## HOW FAMILIES TALKING TOGETHER CAN HELP

**FTT has tools to help parents improve:**

- Communication with their early adolescents
- Relationship with their early adolescent
- Monitoring and supervision
- Safty and boundaries

**FTT emphasizes that parents and guardians can impact their adolescents' sexual behavior by setting clear expectations and creating an environment for open communication about sexual and relationship choices.**

### DID YOU KNOW?

Nevada ranks 17<sup>th</sup> highest for teen birth rates in the U.S. You can make a difference!

For more information or to enroll in **Families Talking Together**, call **Karla Rodriguez** at **(775) 997-7583**.



Nevada Primary Care Association Teen Pregnancy Prevention project is supported by Grant Number 1 TP1AH000127-01-00 through a cooperative agreement from the U.S. Department of Health and Human Services, Office of Adolescent Health. The total program cost supported by Federal funds for this program is \$571,587.00 per year over a five year period. This content is solely the responsibility of the authors and does not necessarily represent the official views of the U.S. Department of Health and Human Services or the Office of Adolescent Health.