

# SUICIDE AWARENESS WEEK

SEPTEMBER 8 – 14, 2019

Suicide affects people of all ages, races, ethnicities, and socioeconomic statuses. Open discussion about suicide can help prevent suicide by empowering individuals, families, and communities while raising awareness. Being informed about the warning signs of suicide can help to support those around us who may be thinking about suicide.



## Nevada Suicide Statistics <sup>1</sup>

- More people die from suicide in Nevada than from homicide and motor vehicle accident deaths combined.
- Suicide is the leading cause of death for Nevadans ages 12-19 & the 2<sup>nd</sup> leading cause of death for ages 20-44. Nevada has the 2<sup>nd</sup> highest elder suicide rate in the country.
- There is HOPE! Suicide is not inevitable for anyone. By starting the conversation, providing support, and directing help to those who need it, we can prevent suicides and save lives. <sup>2</sup>

## NEED HELP?

**National Suicide Hotline:**  
1-800-273-8255

**Veterans Suicide Hotline:**  
1-800-273-8255 Press 1  
Or Text 838255

**Crisis Support Services of NV:**  
Text CARE to 839863

<sup>1</sup>Nevada Coalition for Suicide Prevention. (2017). *Facts About Suicide*.

<sup>2</sup>National Suicide Prevention Lifeline. (2019). *We Can All Prevent Suicide*.