

# Seventeen Days

THERE ARE LOTS OF DECISIONS TO MAKE. IT'S UP TO YOU TO MAKE THEM.

**Ever wonder what makes a relationship safe and successful?  
Earn \$10 to learn with this program!**

Any teen 13-19 years old welcome — You don't even have to be a patient at HOPES!



## How it works:

- *Seventeen Days* is a video education program.
- Complete the program before or after a visit, or schedule an appointment at HOPES!
- The program is 45-60 minutes long.
- You watch by yourself first, then a health educator will cover the main points and answer any questions you may have.

## Topics covered:

- Decision-Making Skills
- Birth Control
- Healthy Relationship Habits
- How to Prevent Unplanned Teen Pregnancy
- How to Protect Yourself From Sexually Transmitted Infections (STIs).

Call a teen health educator at (775) 997-7583, or text (775) 525-4898 to make your appointment. OR you can bring this flyer to your HOPES appointment and ask for Teen Pregnancy Prevention services.

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