

Families Talking Together

Presented by
Northern Nevada HOPES

WHAT IS FAMILIES TALKING TOGETHER?

Families Talking Together (FTT) is a FREE, evidence-based, parent-child program, presented by Northern Nevada HOPES. It supports effective parent-child communication to help delay sexual initiation among early adolescents ages 10-14. FTT is presented by a trained health educator and includes 1-2 individual or small group sessions.

HOW FAMILIES TALKING TOGETHER CAN HELP

FTT has tools to help parents improve:

- Communication with their early adolescents
- Relationship with their early adolescent
- Monitoring and supervision
- Safty and boundaries

FTT emphasizes that parents and guardians can impact their adolescents' sexual behavior by setting clear expectations and creating an environment for open communication about sexual and relationship choices.

DID YOU KNOW?

Kids say they want their parents to talk them about sex and relationships!

Please bring your children to your class and they can participate in a class at the same time on Social Media Safety (8-13 years old) implemented by Planned Parenthood or Seventeen Days (14+), an interactive film to reduce risky sexual behavior and improve empowered decision making.

For more information or to enroll in **Families Talking Together**, call **Alese** at **(775) 997-7590**.

