



HOPES now offers Nexplanon, an implantable contraceptive that is good for 3 years.

Nexplanon is a contraceptive implant that is a flexible plastic rod about the size of a matchstick that is placed under the skin of the upper arm.

- Can be removed at any time, followed by a quick return to fertility.
 - Contains no estrogen.
- Covered by most insurance plans.

Please ask your medical provider for more details.