

Families Talking Together

Presented by
Northern Nevada HOPES

Pick a Date: Feb. 9, March 9, April 27, May 18, or June 15

Time: 10 am – 12 pm

Location: Northern Nevada HOPES, 3rd Floor

WHAT IS FAMILIES TALKING TOGETHER?

Families Talking Together (FTT) is a FREE, evidence-based, parent-teen program, presented by Northern Nevada HOPES' Teen Pregnancy Prevention Program. It supports effective parent-adolescent communication to help delay sexual initiation among teens ages 10-14. FTT is presented by a trained interventionist and includes 1-2 individual or small group sessions.

HOW FAMILIES TALKING TOGETHER CAN HELP

FTT has tools to help parents improve:

- Communication with their teen
- Relationship with their teen
- Monitoring and supervision

FTT emphasizes that parents and guardians can impact their adolescents' sexual behavior by **setting clear expectations and creating an environment for open communication** about sexual and relationship choices.

DID YOU KNOW?

Nevada ranks #7 for teen pregnancy rates in the U.S.

YOU can make a difference!

READY TO GET STARTED?

Join us from 10 am – 12 pm on one of the following days:

February 9, March 9, April 27, May 18, or June 15 | Refreshments provided

For more information or to enroll in **Families Talking Together**, call **Andraya Dickens** at **(775) 997-7583**.



Nevada Primary Care Association Teen Pregnancy Prevention project is supported by Grant Number 1 TP1AH000127-01-00 through a cooperative agreement from the U.S. Department of Health and Human Services, Office of Adolescent Health. The total program cost supported by Federal funds for this program is \$571,587.00 per year over a five year period. This content is solely the responsibility of the authors and does not necessarily represent the official views of the U.S. Department of Health and Human Services or the Office of Adolescent Health.

FAMILIAS HABLANDO UNIDAS

Presentado por
Northern Nevada HOPES

Fecha: Febrero 9, Marzo 9, Abril 27, Mayo 18 o Junio 15

Hora: 10 am – 12 pm

Ubicación: Northern Nevada HOPES, Tercer Piso

¿QUE ES FAMILIAS HABLANDO UNIDAS?

Northern Nevada HOPES está dando clases gratuitas para un programa de intervención a los padres de familia para darles apoyo en poder comunicarse con sus adolescentes. **Familias Hablando Unidas** es un programa basado en la evidencia que interviene con las familias Latinas para demorar la iniciación sexual de sus adolescentes de 10-14 años. El programa es presentado por una intervencionista en 1-2 sesiones individuales o en grupos de 4-6 padres de familia. Se invita a participar a cualquier adulto que tiene responsabilidad por adolescentes de 10-14 años.

EL PROGRAMA CUBRE TEMAS TAL COMO:

- Comunicación entre adolescentes y padres de familia
- Supervisión de los adolescentes
- Mejorar su relación con su adolescente.

El contenido del programa recalca que los padres de familia tienen el poder de impactar el comportamiento de los adolescentes para demorar relaciones sexuales.

¿Sabía usted
que 1 de cada 3
jóvenes Latinas en los
EE.UU. se embarazan
antes de que
cumplan 20 años?

PARA MAS INFORMACIÓN:

Para mas información sobre el programa de **Familias Hablando Unidas** llame al **(775) 997-7590** y pregunte por **Alese**.

