

Group Descriptions

- **AA:** Alcoholics Anonymous is an open group for recovering alcoholics that meets in the HOPES third floor community room.
- **Alanon:** Women Only- Twelve Step, this meeting is open to the public and intended to support the friends and family of those affected by alcoholism. We meet in HOPES third floor community room.
- **Care Chest:** Free medical resources for Nevadans in need including medical equipment/supplies, medical nutrition, prescription assistance, diabetic care supplies, and more. To qualify for these services please bring proof of residency and proof of income. The Care Chest Van will be parked on Ralston St.
- **Case Management Social Resource Hour: Knowledge is Power!** Come meet with a Case Manager to get and share resources with others while making meaningful connections in your community. All are welcome to meet on their HOPES their floor community room.
- **CMA:** Crystal Meth Anonymous is an open group that meets in the HOPES community room on the third floor.
- **Free Legal Advice:** Everyone is welcome to come, check in on the second floor Wellness Pod.
- **HCV Support Group:** The group is open to anyone living with Hepatitis C, loving someone living with Hepatitis C, currently receiving treatment, and anyone who has successfully finished treatment who might have a message of hope to share with someone who just received their diagnosis. Abstinence is not a requirement for attendance. Whether you are in recovery or have never used or drank in your life; whether you are actively using and/or drinking or only on occasion - this is a 'come as you are' group. Oh yeah, and there's pizza.
- **HIV/AIDS Long term survivors group:** The HALTS group began as a group for our HIV/AIDS Long Term Survivors. Now it is open to all our patients who have HIV/AIDS and is a safe place to discuss issues that are unique to those folks. It is on the second floor in the Wellness Pod.
- **Immunovan:** This van services everyone from kids to seniors and provide immunizations, health and social service assessments, educations, resources and referrals to other helping agencies, ongoing case management, food, clothing, etc. Located in the HOEPS parking lot.
- **Latina Support Group:** This group was formed to open dialogue for Latina woman in our community that need a safe place to share in their native language. Any Spanish speaking Latina women is welcome to join. Latina group meets in the HOPES third floor Community Room A.
- **Latino Support Group:** The support group is focused on freedom to express oneself through a group setting to receive support through various lenses. The group consists of Hispanic/Latino men living with HIV/Aids. The group encourages camaraderie and encouragement to enhance personal and social needs while in a community setting. Meets in the HOPES third floor community room.
- **NA:** Narcotics Associates is an open group that meets on the third floor community room every week.
- **Positive Women:** This is a new group who would like to meet for women to support each other and gain empowerment through their peers and community. We meet up on the third floor community room, all HIV+ women are welcome to join.
- **Senior Food Truck:** Must be 60 or older to qualify, this truck will be parked on Ralston.
- **SNAP/Food Bank Mobile Pantry:** The Mobile Pantry program is a direct service program that allows us to distribute perishable foods into high-need neighborhoods. Thanks to this program, nearly half of the food distributed to clients each month is fresh produce. Our SNAP Outreach staff assists clients with the application process and conduct the in-person interview required to qualify for benefits.
- **Teen Advisory Board:** A group where teens talk openly about our community needs like teen pregnancy prevention, substance abuse, bullying, and depression. It is a teen driven group, where all teens are welcome, they come together to make it a safe space to talk about teen issues and support one another. They meet on the 3rd floor. If anyone has any questions or would like to join the group, they can contact Diana at 997-7510.
- **TINN:** Transgender in Northern Nevada is a social group open to transgender people and their families. Meet in the HOPES third floor community room.
- **Trans Male C:** This group is for Trans males ages 18+ only to meet and support each other. Meet in the 3rd floor community room.
- **Trans Male O:** This is a group open to friends, family, and community of trans males with no age restrictions. Meet in the community room.

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- **Mammovan:** This mobile care unit screens women ages 40 and up for a screening mammogram. Uninsured patients qualify for a free mammogram; this van will be parked outside of HOPES on the Ralston side.
- **National HIV Testing Day:** From 11pm-2pm there will be a BBQ as well as free HIV testing over at ChangePoint, in the HOPES parking lot.
- **Nutritionist:** Nutrition plays an integral role in preventative healthcare. Our onsite Nutritionist offers nutrition counseling and individualized plans to help patients get healthy and stay healthy. This is by appointment only. Check in on the second floor at the Wellness Pod.
- **PFLAG:** PFLAG (Parents and Families of Lesbians and Gays) is an organization that works to benefit everyone in the LGBT+ spectrum. PFLAG is for LGBT+ people and our allies who want to work together to support each other. PFLAG Reno/Sparks is a support and outreach group and we are here for you
- **Positive Potluck:** A potluck in the HOPES 3rd floor community room for all our HIV+ clients to mingle and check out what group opportunities are available to them. Staff is welcome as well! Please RSVP by calling (775) 786-4673 and ask for Eleni or John.
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- **Accept:** Free health education and risk reduction group, open to people of all genders living with HIV/AIDS and their loved ones. Located in HOPES 3rd floor community room, dinner is at 5, speakers start at 5:30.
- **Al-anon:** Women Only- Twelve Step, this meeting is open to the public and intended to support the friends and family of those affected by alcoholism. We meet in HOPES third floor community room.
- **CAB:** Community Advisory Board meets in the 3rd floor community room.
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- **CMA:** Crystal Meth Anonymous is an open group that meets in the HOPES community room on the third floor.
- **C.R.A.Z.Y. Time with Ivy:** C-Confidential, R-Respectful, A-Authentic, Z-Zany, Y-You! C.R.A.Z.Y. talk is a peer support group to talk about everything HIV, or not talk about it at all. It's an opportunity for people living with HIV to get together in a casual setting to talk about whatever they like. This group is fun, informational, and open to everyone who would like to join. Located in HOPES 3rd floor community room.
- **Familias Hablando Unidas:** Un programa disponible a los padres de familia. El grupo discute temas como la importancia de la comunicación con su adolescente, los cambios y el desarrollo en la etapa del adolescente. Los padres de familia tienen el poder de impactar el comportamiento de los adolescentes para demorar relaciones sexuales.
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- **Medicaid:** A representative from the Department of Welfare will be here all day to help with Medicaid enrollment. Appointments are preferred, please contact Intake (786-4673 option one or walk in) for more information and to schedule an appointment.
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- **World AIDS day-RED Night:** An evening dedicated to ending the HIV/AIDS epidemic worldwide. Please wear red!