

Group Descriptions

- **AA:** Alcoholics Anonymous is an open group for recovering alcoholics that meets in the HOPES third floor community room.
- **ACA:** Adults and Children of Alcoholics Meeting, HOPES 3rd floor community room.
- **Accept:** Free health education and risk reduction group, open to people of all genders living with HIV/AIDS and their loved ones. Located in HOPES 3rd floor community room, dinner is at 5, speakers start at 5:30.
- **Al-anon:** Women Only- Twelve Step, this meeting is open to the public and intended to support the friends and family of those affected by alcoholism. We meet in HOPES third floor community room.
- **CAB:** Community Advisory Board meets in the 3rd floor community room.
- **Care Chest:** Free medical resources for Nevadans in need including medical equipment/supplies, medical nutrition, prescription assistance, diabetic care supplies, and more. Please bring proof of residency and proof of income. The Care Chest Van will be parked on Ralston St.
- **CMA:** Crystal Meth Anonymous is an open group that meets in the HOPES community room on the third floor.
- **Familias Hablando Unidas:** Un programa disponible a los padres de familia. El grupo discute temas como la importancia de la comunicación con su adolescente, los cambios y el desarrollo en la etapa del adolescente. Los padres de familia tienen el poder de impactar el comportamiento de los adolescentes para demorar relaciones sexuales.
- **Free Legal Advice:** Everyone is welcome to come, check in on the second floor Wellness Pod.
- **Latina Support Group:** This group was formed to open dialogue for Latina women in our community that need a safe place to share in their native language. Any Spanish speaking Latina women is welcome to join. Latina group meets in the HOPES third floor Community Room A.
- **Latino Support Group:** The support group is focused on freedom to express oneself through a group setting to receive support through various lenses. The group consists of Hispanic/Latino men living with HIV/Aids. The group encourages camaraderie and encouragement to enhance personal and social needs while in a community setting. Meets in the HOPES third floor community room.
- **Medicaid:** A representative from the Department of Welfare will be here all day to help with Medicaid enrollment. Appointments are preferred, please contact Intake (786-4673 option one or walk in) for more information and to schedule an appointment.
- **NA:** Narcotics Anonymous is an open group that meets on the third floor community room every week.
- **Re-Entry Support Group:** Have you experienced difficulties navigating your rights after incarceration? Come gather resources, learn about living with a criminal record and how to let your past empower your future. Food provided! Meet on the 3rd floor of HOPES.
- **Senior Food Truck:** Must be 60 or older to qualify, this truck will be parked on Ralston.
- **Sex +:** A safe and judgment-free place to discuss issues of sex, gender identity, sexual orientation, and kinks. We are here to promote open sexual attitudes in Northern Nevada. Meet on HOPES 3rd floor.
- **SNAP/Food Bank Mobile Pantry:** The Mobile Pantry program is a service program that distributes perishable foods. Our SNAP Outreach staff assists clients with the application process and conduct the in-person interview required to qualify for benefits.
- **Teen Advisory Board:** It is a teen driven group, where all teens are welcome, they come together to make it a safe space to talk about teen issues and support one another. They meet on the 3rd floor. For questions or you would like to join the group, contact Diana at 997-7510.
- **Trans Male C:** This group is for Trans males ages 18+ only to meet and support each other. Meet in the 3rd floor community room.
- **V.O.I.C.E.:** Writing group for people experiencing/have experienced homelessness. Contact: Lisa Lee 775-737-3175 for more information. Meet at the HOPES community room on the 3rd floor.