

February 2012

Sun Mon Tue Wed Thu Fri Sat



			1 (11:30a) Movie Time Wednesdays: Precious (4:30p) Rainbow Alliance Youth Group	2 (5:30p-7p) New Beginnings Support Group (Topic: Easter Egg Hunt)	3	4
5	6 (10a-12n) Resume Building w/ Julie – By appt only (6:00p) Latino Support Group (Topic: Healthy Nutrition)	7	8 (11:00a) Birthday Bash & Movie Time Wednesdays: The Help (4:30p) Rainbow Alliance Youth	9	10	11
12	13 (10a-12n) Resume Building w/ Julie – By appt only	14♥ Valentine's Day (10a-2p) Food Pantry (2:15p-3:15p) CAB Meeting	15 (11:30a) Movie Time Wednesdays: Captain America (4:30p) Rainbow Alliance Youth Group	16 (5:30p-7p) New Beginnings Support Group (Topic: Depression)	17	18
19	20 President's Day HOPES CLOSED	21 (12n-1p) Lunch & Learn	22 (11:30a) Movie Time Wednesdays: Cowboys vs Aliens (4:30p) Rainbow Alliance Youth Group	23	24	25
26	27 (10a-12n) Resume Building w/ Julie – By appt only (6:00p) Latino Support Group (Topic: Diversity in the Community)	28 (10a-2p) Food Pantry	29 (11:30a) Movie Time Wednesdays: Marked For Death (4:30p) Rainbow Alliance Youth Group			

Hopes Resource Center

- Hours Monday-Thursday
10a-2p

Reminder:

Blood draws occur
Monday-Friday 8am-11am

Schedule AHN appointments
at least 1 month before your
scheduled expiration date to
ensure continuous AHN
coverage

Groups:

- **New Beginnings** - is a support group for HIV positive individuals and their affected family members. In this group we discuss topics such as disclosure, healthy living, and dealing with depression. This group also plans client related activities throughout the year.
- **Latino Support Group** - . The group is a supportive environment for our Spanish speaking clients to discuss feelings about disclosure of HIV status, health care and medication use, substance abuse, isolation and community –building, dating and relationships, life transitions and other relevant issues. Dinner is provided at every session.
- **Rainbow Alliance** - The Rainbow Alliance is a fun and informal group for gay, lesbian, transgender, queer, questioning, intersex, and straight ally youth ages 14-18. It is a safe and supportive place for GLBTIQA youth to gather and connect with each other.

Hopes Resource Center (HRC) Events:

- **Movie Time Wednesdays** – Every Wednesday at 11:30am, a film is featured on the flat screen in the lobby of the HRC. Have a movie suggestion? Let us know and maybe your movie will be featured that week!
- **Lunch & Learns** – Are a productive way to have your lunch. Every month a guest speaker is featured covering all topics HIV/AIDS and other related health issues. Plus enjoy a free lunch courtesy of the HRC and Lunch & Learn sponsors!
- **Birthday Bash at the HRC** – It's a party! Once a month we celebrate all those who were born within that month with cake and a movie.

Other Opportunities:

- **Job Search Assistance** - Schedule an appointment at social services with Julie to get help with your job search, build up your resume and get some helpful interviewing skills. Appointments are booked on Mondays between 10am-12pm every week.
- **Consumer Advisory Board (CAB)** – A group made up of Hopes clients and affected partners to give a voice to our client community. Tasks involve solution development for better resources, program planning, fundraising and event coordination. All meetings are open to all clients. If you have a question, comment or concern, be sure to tell your CAB board members. If you're interested in serving on the board, contact our Client Services Coordinator, Melanie Flores at Melanie@nnhopes.org or at 775-997-7520.
- **Be a Volunteer at Northern Nevada Hopes!** Help with administration, outreach, the clinic, or at the HRC. You can help with the organic vegetable garden, or the pantry. Maybe fundraising and event planning is more your speed? There are plenty of opportunities. See your case manager for more details.

Reminders:

- Don't forget to schedule an appointment with Access to Health Care Network (AHN) at least 1-month before your scheduled expiration date to ensure continuous coverage. Call Lilana 284-9207
- Blood draws occur Monday-Friday 8am-11am